

Site Application Form

Thank you for your interest in bringing Sole Kids to your school!!! Welcome to the starting line!!!

Through our program, all participants will learn characteristics of the sport of running, plant positives and build self-esteem while working towards the goal of finishing a 5k. Please review these understandings that each school should provide. The Sole Kids coach and <u>school administrator</u> will sign and submit this form to the Sole Kids area director. Please note, this form will not be processed without approval from school administration.

Each site should:

- Provide access to an inside as well as outside area for practices deemed safe for running related exercises.
- Provide access to restrooms.
- Hold two practices per week for 8 weeks that last approximately 1 ½ hrs in length.
- Provide volunteer coaches to support the program. The suggested ratio for student/coach is 20:2. Pending school principal's approval, any coach that is not a school/district employee will be required to submit a volunteer application as well as agree to a background check.
- Provide shirt sizes for an official Sole Kids race shirt.

Volunteer Coaches should:

• Attend the coaches meeting.

Name of School/District:	
Sole Kids Coach:	
Signature:	
Email:	

School Administrator:	
Signature:	
Email:	

Each school that has a principal/administrator complete the Sole Kids 5K race, will be rewarded with a Sole Kids scholarship for the following season. (one per school)

We at Sole Kids understand that every school is unique. While we provide a framework for a successful program, we encourage the input of individual school stakeholders on how to improve your site's Sole Kids experience.

Please submit this form to kalli@solekids.org or jamie@solekids.org.